

Davis News



2023

Happy Birthday!

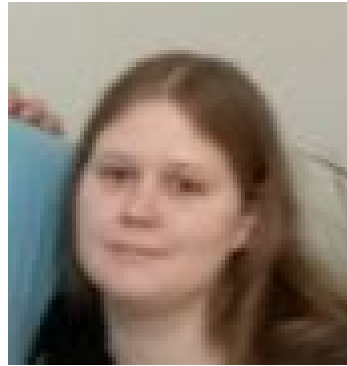


1st - Veronica turns 43

10th - Zach turns 34



11th - Chloe turns 28



11th - Madi turns 29

11th - Diana turns 34

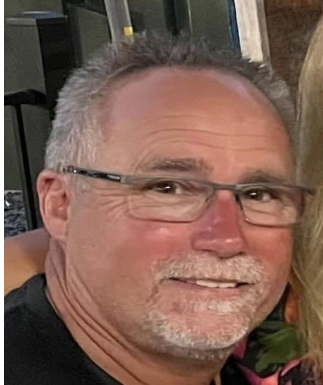




24th – Beckey turns 31



27th – Tedy turns 3



27th – Keith turns 60



29th - Judy turns 34



29th - Kyle turns 35



29th - Kraig turns 65

HAPPY Anniversary!



9th: Diana/James 4Years



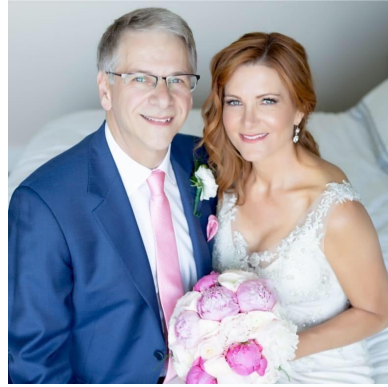
12th: Dick/Judy 58 Years



14th: Kyle/Veronica 8 Years



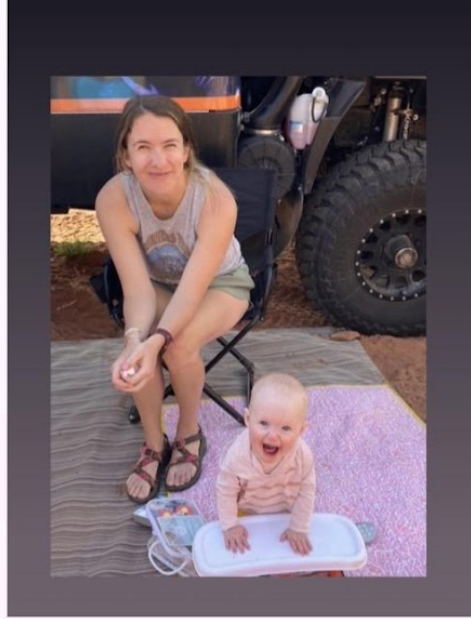
16th: Andrew/Courtney 5 Years



22nd: Brian/Jill 4 Years



GRACIE



Ali & Olive

MOM
MOMMY
MUM
MAMA
MA



Morgan & Grace



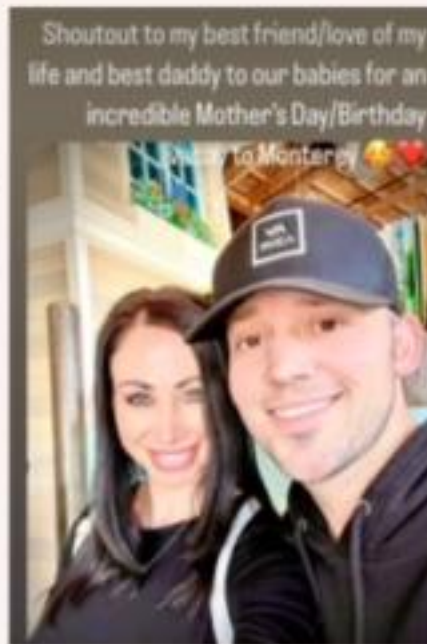
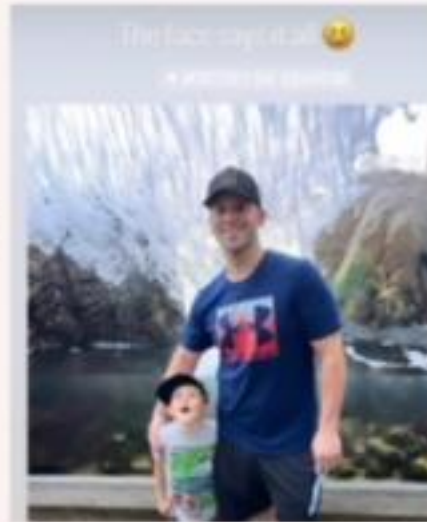
MOM

Happy Mother's Day!

Tomiko, Cassidy, Beckey & Lauren

Happy Mother's Day!

Brandon, Nicole, Bryson & Riley





LILLIAN
The cutest little dancer!



Congratulations, Colin!



NORRA 1000 is now complete! It was a much harder race than last year due to all sorts of issues to overcome but we got the Challenger truck win! Could not be done without the amazing crew! Thanks to all Now, for the LONG drive home, I just want to hang in Baja for a couple of weeks! —Colin





**Regenerative Connections
Psychotherapy · Follow**

Please extend a warm welcome to Morgan, we hope you are able to share meaningful experiences with her soon!

--

Hi, I'm Morgan Davis and welcome to Healing Through Yoga. I offer private, trauma-informed yoga classes here at Regenerative Connections Psychotherapy.

This is a specialized approach to yoga that acknowledges the impact of trauma on the body and mind. It provides a safe and supportive space for individuals to explore their experiences and promote healing.

Trauma informed yoga can provide you with tools to regulate your nervous system, improve body awareness, process your emotions, and support your overall well-being.

A typical class will include breathwork, brief meditations, and physical poses. All are welcome, especially beginners. Private settings like this can be beneficial for someone who may feel uncomfortable walking into a yoga studio.

I am hoping to redefine what it means when you think of yoga. This will not be about getting a quick workout in, or seeing how flexible you are. This is about turning inward and connecting back to the self. @healingthroughyoga_ @morgdavis_

"Growth looks good on you." 🌱



Congratulations, Morgan!



Melissa & Friends



Ali, Olive
& Big

Happy
Cinco De
Mayo!



Party animals 🍹



Austin, Beckey, Cassidy & Tannah



**FUN
TIMES**





Kolin, Morgan & Grace

**There is no peace
like that of time
spent in the
Outdoors**





**TTM
HAWKINS**
LIVE & CONCERT

~~MAY 4 - [redacted]~~ SOLD OUT
MAY 6 - SCHERRET, KY - 488 TIX LEFT
~~MAY 8 - [redacted]~~ SOLD OUT
MAY 7 - HOWLING GREEN, KY - 408 TIX LEFT
~~MAY 10 - [redacted]~~ SOLD OUT
~~MAY 11 - [redacted]~~ SOLD OUT
~~MAY 12 - [redacted]~~ SOLD OUT
MAY 20 - PACE, FL
JUNE 1 - GARDENDALE, AL - 508
~~JUNE 2 - [redacted]~~ SOLD
JUNE 3 - MOUNTAIN VIEW, GA - 478 TIX
~~JUNE 4 - [redacted]~~ SOLD



Went to
see this
funny
guy!



Rich, Tim & Bonnie



Canyonland Bliss

Mike, Lizette, Jimmy,
Ali & Olive



Brady & Chewie



XOXO

***Pups and
Kisses***



XOXO



Pittsburgh Half Marathon

The kids did their first 5k! Eva used her balance bike and Levi ran a few sections of it but mostly rode in the stroller. They had a blast and loved getting their very own race numbers! — Mandy



Adam, Kevin, David, Kyle & Mandy



Kevin, Mandy Eva & Levi

(with Jackson & Emerson)



Travels to
Pittsburgh
& Home



Jolinda, David & Jaden



HAPPY
mother's
DAY ♡♡



Bev & Dolinda



So lucky to be your mama,
Little O

HAPPY
Mother's Day

Ali & Olive

THANK YOU MOM



for everything you do!

Courtney & Evander



Mandy,
Nicole,
Eva,
Tedy, &
Levi



MEMORIAL WEEKEND



Kolin, Morgan, Grace & Max



Happy Memorial Day

Lauren, Jason, Austin, Beckey, Cassidy & Ollie

from Crown King





Spring School
Pictures

smile!





Austin, Becky & Cassidy

Fun in the Sun 🌞



Feeling accomplished after completing my final dives today for my PADI Open Water Diver Certification! Thank you Descent Divers Scuba Shop and Training for making this all possible and for your patience with my anxiety when I was practicing all the mask skills. I'm so excited to continue to practice my new skill and build confidence, all while enjoying our world from a whole new perspective. —Nicole



Rich's Gallery at the War Memorial.



Spent the day in the gallery in Richmond at the War Memorial. Got to talk to lots of people about my work that were visiting for the Memorial day events.

Governor Youngkin even stopped by to see my gallery! Well, actually, he was there for the ceremony_ — Rich



Tatum, Ryan
& Grace



SUMMER FUN



Cool Stuff



Jaden and his brother, Eli.





Jax, Ryan & Tatum



Take 2

Jax, Tatum & Ryan



EVANDER



FAMILY TIME



DENISE, KOLIN,
MORGAN & GRACIE



BRIAN, JILL,
adam & rachel





Evander



*sweet
boy*



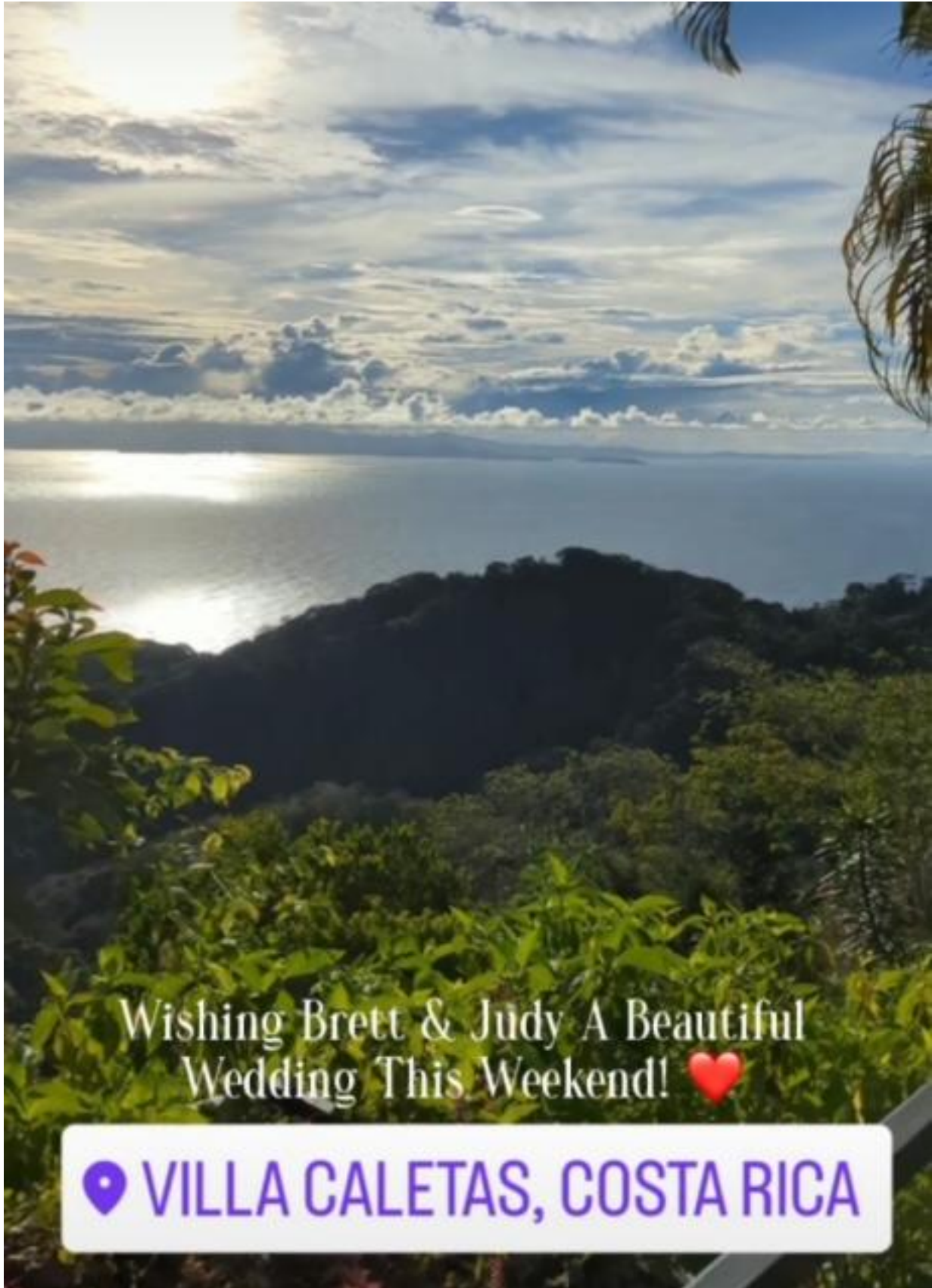
Ali,
Madi &
Olive

they make me
SMILE





Maintaining Tourtney status with pina colodas and mermaids with this one. —Courtney (with Emerson)



Wishing Brett & Judy A Beautiful
Wedding This Weekend! ❤️

📍 VILLA CALETAS, COSTA RICA

This newsletter is dedicated to
Allan Jay Everist & Nancy Eileen Davis McLemore



This is how I will always remember you... smiling and laughing
with the rest of the Davis family, celebrating life and making memories. ❤️
We all love and miss you... xoxo



Important June Dates

June 4th – Zoom @ 5:00 pm



June 14th – **Flag Day**

June 18th – Father's Day



June 21st – 1st Day of Summer